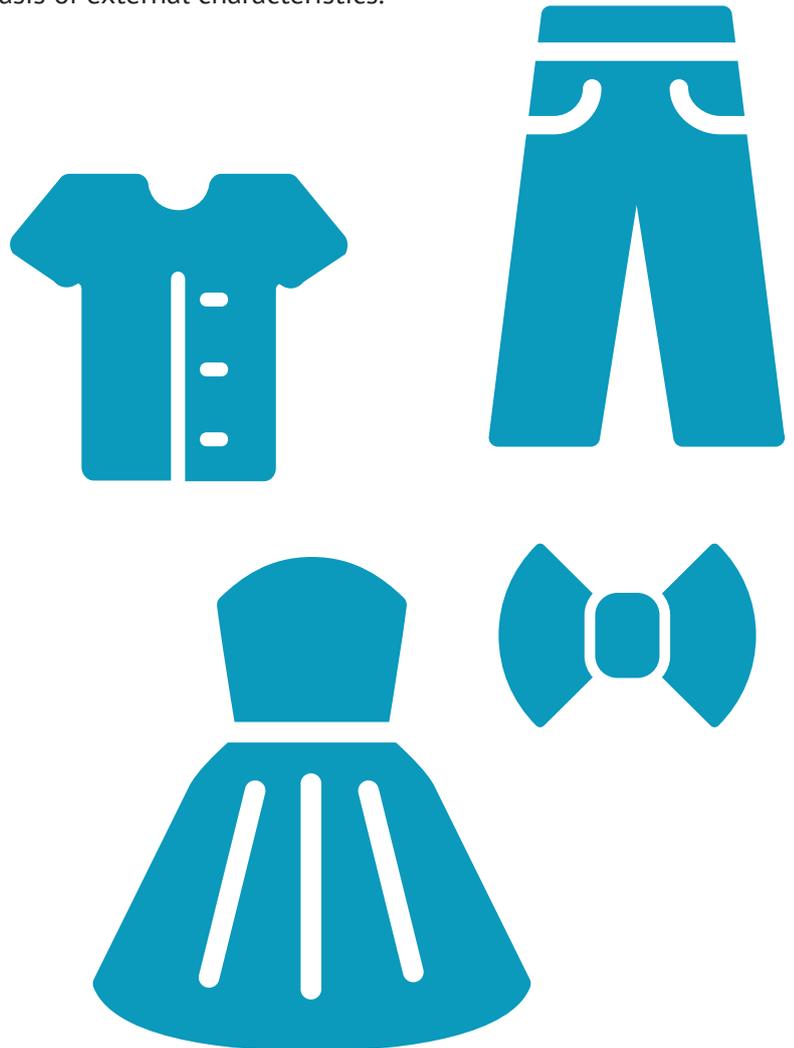


PRESENT

Do you think you are what you wear?

WHAT'S THIS?

People interpret everything around them to understand the world. This rarely happens intentionally. Clothes in particular can indicate e.g. jobs or world views. But these indications are imprecise. That's why people should never be pigeonholed on the basis of external characteristics.



TOTAL OF 90 MINUTES



THE EXERCISE CONSISTS OF THREE PARTS



THREE PERSONS OR MORE



IDENTITY, INCLUSIVITY, VALUES



INDIVIDUAL REFLECTION,
GROUP DISCUSSION,
DESIGNING A COLLAGE

How much do you value clothes?

HOW IS IT DONE?

The group leader hands out an action sheet A and a pen to every participant. Now the task is to individually fill in the table by considering everything that can be expressed with clothing. Then the group leader uses the questions below the table to encourage a joint reflection and asks the group for an opinion after each question.

EVALUATION

At the end of this part, the group leader asks participants to each read one of the texts on the Functions of Clothing info sheet. Afterwards, the message from the text should be related to the discussion about the table again: Do the messages from the texts match your personal opinion about clothing and fashion?

GOAL

Thinking about your own attitude towards clothing and fashion

Reflecting how clothing influences interactions with people



APPROX. 20 MINUTES



THREE PERSONS OR MORE



ACTION SHEETS A AND B,
MR. ERBIL INFO SHEET,
STATEMENT AND PERCEPTION
INFO SHEET,
PENS AND PAPER

What do you see in these?



WHAT COMES NEXT?

Now that you have examined your own opinion about clothing, you can use a few examples to consider how you evaluate the clothes of other people and how you assess their intention to dress individually.

HOW IS IT DONE?

The group leader divides the group into small groups. Each small group initially only gets action sheet B. The images of Mr. Erbil are positioned visibly for everyone (or displayed on the wall with a projector). In small groups, the participants look at the photos of Mr. Erbil. With the help of the terms in the table on action sheet A, they discuss which messages they “read” in the clothes. Then all written opinions are compared together in the whole group and potentially different perceptions are discussed.

GOAL

Learning how precisely people plan their appearance
Recognising that there may be a difference between the declared intentions of the wearers and the perception of outsiders



EVALUATION

The group leader again asks two participants to read a text from the Mr. Erbil info sheet. Together the entire group checks to what degree their assumed intentions coincide with those of the wearers of the clothing. To go deeper into the topic, the participants then read the Statement and Perception info sheet together and discuss the cartoon depicted there.



APPROX. 15 MINUTES



THREE PERSONS OR MORE



ACTION SHEETS A AND B,
MR. ERBIL INFO SHEET,
PENS AND PAPER

How do you express yourself and your values in clothes?



WHAT COMES NEXT

So far you have examined the differences between the effect of clothing and the intentions of the wearers. Now imagine clothes that communicate your own values and ideas.

HOW IS IT DONE?

The participants form groups of two or three people. Individual work is also possible if the groups are smaller. Now your task is to agree on a statement or value that is important to you. Then each group thinks about how it can communicate its value to other people with the help of clothing. In addition to notes, the result should also be drawn or assembled from pictures.

EVALUATION

After 20 minutes, the designed outfits are presented in the entire group. The clothing is described, but the values that are being expressed by them should be guessed by the other participants. Different points of view can be discussed briefly.



GOAL

Playfully finding a form through which clothing communicates value to others



APPROX. 35 MINUTES



THREE PERSONS OR MORE



ACTION SHEET C, PAPER, PENS AND COLOURED PENCILS, SCISSORS, OLD COLOURFUL MAGAZINES, BROCHURES WITH EXAMPLES OF CLOTHING TO CUT OUT

Do you think you are what you wear?

THIS IS HOW IT COMES TOGETHER

In the final round, every participant may comment on the exercise overall and on what they personally learned.

HOW IS IT DONE?

Questions for the group:

- How did your perception of clothing and fashion change?
- Do you think you are what you wear?
- What ideas will you carry from today's exercise into your everyday life?

GOAL

Shared reflection on the exercise



APPROX. 20 MINUTES



THREE PERSONS OR MORE



ALL ACTION SHEETS
